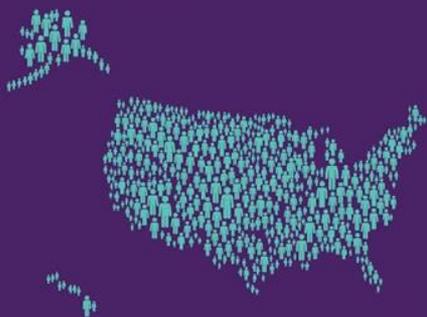


Dementia Prevalence in Prince George's County

February 24, 2026

2025 ALZHEIMER'S DISEASE FACTS AND FIGURES

Over
7 MILLION
Americans are living with
Alzheimer's



1 IN 3

older adults dies
with Alzheimer's or
another dementia



IT KILLS MORE THAN

breast cancer



prostate cancer

COMBINED

In 2025, Alzheimer's
and other dementias
will cost the nation

**\$384
BILLION**



By 2050,
these costs
could rise
to nearly

**\$1
TRILLION**

The lifetime
risk for Alzheimer's
at age 45 is

1

IN

5

for
women

1

IN

10

for
men

Between
2000 and
2022 deaths
from heart
disease have
decreased

2.1%



while deaths
from
Alzheimer's
disease have
increased

142%



These caregivers
provided more than
19 billion hours
valued at nearly

**\$413
BILLION**



**NEARLY
12
MILLION**

Americans provide
unpaid care for people
with Alzheimer's or
other dementias

**UP TO
4 IN 5**

Americans feel
optimistic about new
Alzheimer's treatments
in the next decade



of Americans would
want a medication to
slow the progression of
Alzheimer's following
a diagnosis

About the Alzheimer's Association

The Alzheimer's Association leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

Our vision is a world without Alzheimer's and all other dementia[®].





Dementia

An umbrella term for loss of memory and other thinking abilities **severe enough to interfere with daily life.**



Alzheimer's

Vascular

Lewy body

Frontotemporal

Other, including Huntington's

Mixed dementia: dementia from more than one cause

What is **Alzheimer's**?



Alzheimer's is a brain disease that causes problems with **memory, thinking and behavior**. Symptoms eventually grow severe enough to interfere with daily tasks.



Alzheimer's is a progressive disease, where **symptoms gradually worsen** over a number of years.



In the early stage, memory loss is mild. But as the disease progresses, **individuals will need around-the-clock care**. The disease is ultimately fatal.





Populations at **Higher Risk**

2X

Black Americans are about **twice as likely** as White Americans to have Alzheimer's or another dementia.



Hispanic Americans are **one and a half times** as likely to have the disease as White Americans.



Almost **two-thirds** of Americans living with Alzheimer's are women.

“County-level estimates help us better understand and pinpoint areas of high risk and high need — where, for example, culturally-sensitive health support and caregiver training services are needed.”

Matthew Baumgart, Alzheimer's Association vice president of health policy

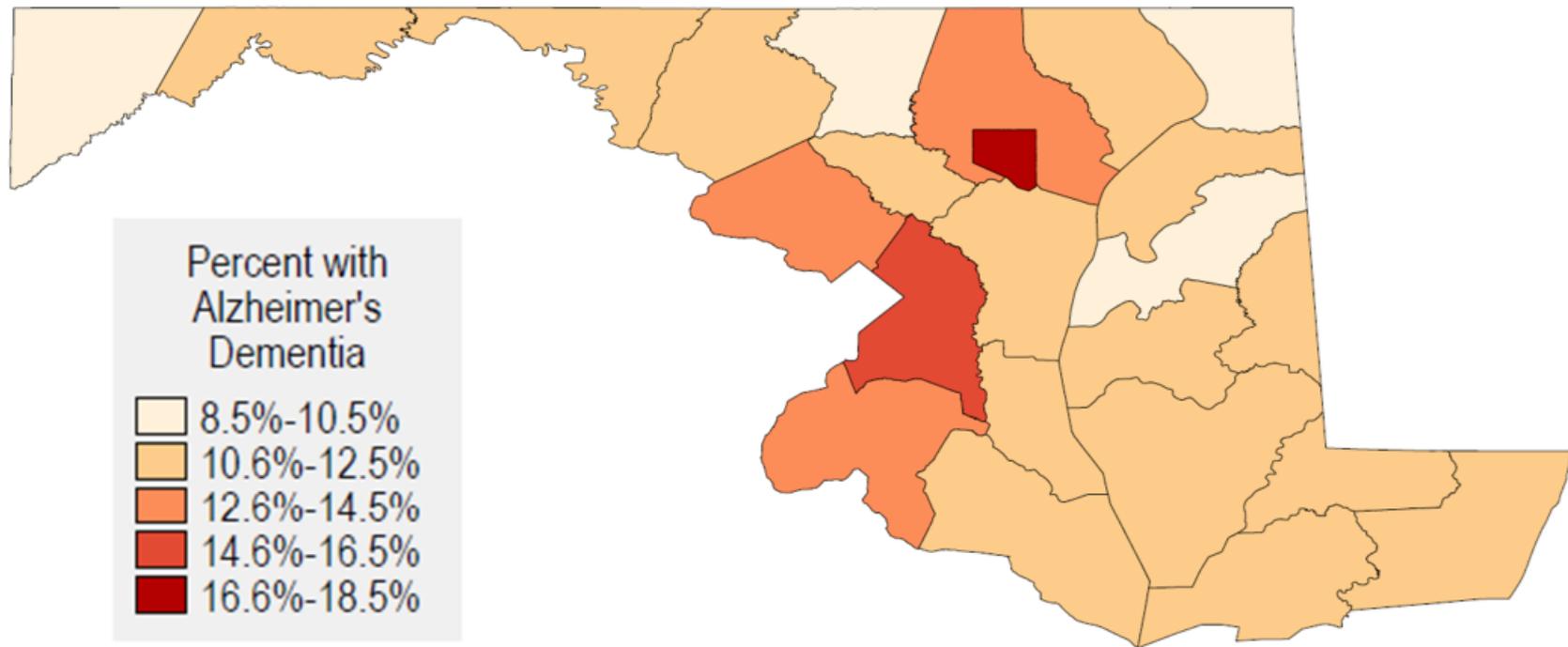
ALZHEIMER'S  ASSOCIATION®

The first-ever county-level estimates of the prevalence of people age 65+ with Alzheimer's dementia in all 3,142 U.S. counties.

- The east and southeastern U.S. have the highest prevalence of Alzheimer's dementia for counties with a population of 10,000 or more individuals age 65 or older.
- Higher percentages of older people and Black and Hispanic residents in those regions may explain the higher prevalence.
- The findings can help public health programs better understand and pinpoint areas of high risk and need.

Prevalence in Maryland

Alzheimer's Dementia in Maryland (Age 65+)



Based on data from: Dhana et al., Alzheimer's & Dementia, 2023

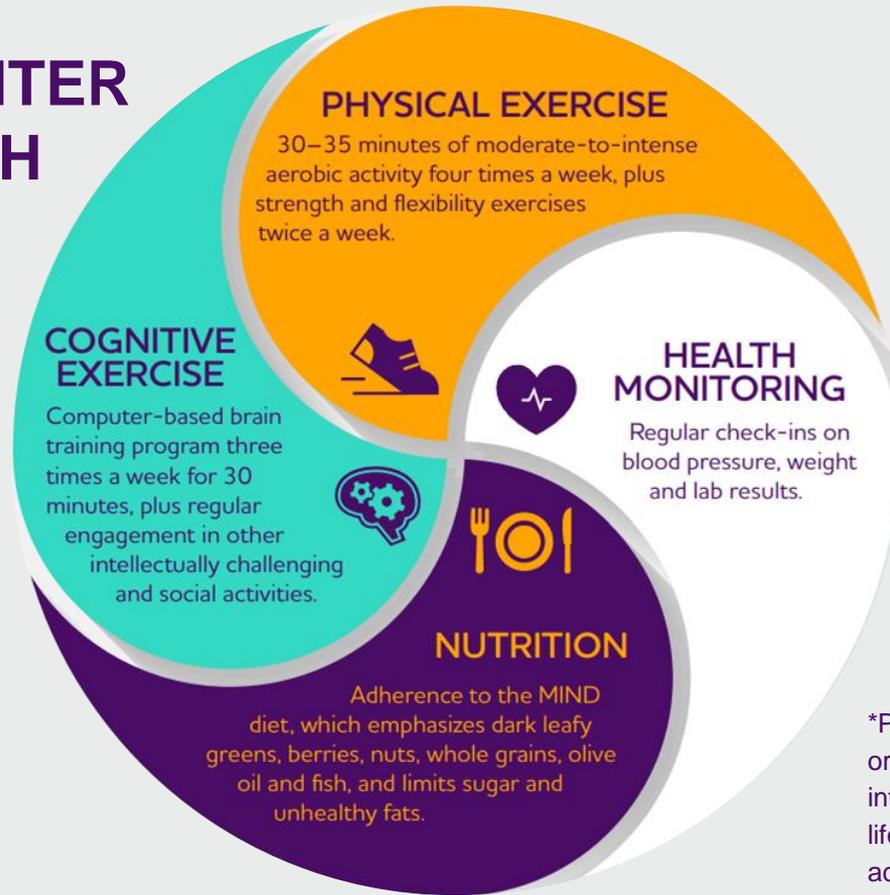
Counties in Maryland (population age 65+)

COUNTY	TOTAL POPULATION AGE 65+	AD CASES AGE 65+	PREVALENCE
MARYLAND	987,400	127,200	12.9%
Baltimore City	87,000	14,600	16.6%
Prince George's County	129,900	20,800	16.1%
Baltimore County	148,700	19,400	13.1%
Charles County	21,900	2,900	13.1%
Montgomery County	173,600	22,100	12.7%

Alzheimer's Association in Prince George's County

- We deliver outreach, support and resource information through education programs, community forums, health fairs, caregiver support groups and other community events.
- Some of our community partners: First Baptist Church of Glenarden, St. Stephen Baptist Church, University of Maryland Medical System- Capital Region Health, Visiting Angels Largo, Sky Bridge Town Center, Charter Senior Living of Bowie, Hillhaven Assisted Living, Zeta Phi Beta Sorority, Omega Psi Phi Fraternity

THE U.S. POINTER BRAIN HEALTH RECIPE*



*Participants followed either a self-guided or structured lifestyle program. The two interventions both focused on the same lifestyle domains, but differed in structure, accountability and support provided.



24/7 Helpline



The Alzheimer's Association 24/7 Helpline (800.272.3900) is a free service offering confidential information and support for people living with dementia, caregivers, families and the public.



Free Education and Support

The Association offers robust information, education and support both in person and online, and helps to connect individuals with resources in the community.

TrialMatch®

The Association connects individuals living with cognitive impairment, Alzheimer's disease or another dementia, caregivers and healthy participants with current research studies. This free, easy-to-use service helps you find clinical research that may be a good fit.





My ALZ Journey

ALZHEIMER'S ASSOCIATION®

**Support, guidance
and connection for
newly diagnosed
people and care
partners –
all in one app**



Free mobile app for newly diagnosed individuals and care partners



Provides personalized guidance, trusted resources and local connections



Helps users understand their diagnosis, stay independent and plan for the future



Connects users to their local Alzheimer's Association chapter for programs and support



Built with input from people living with dementia and care partners

WALK TO END ALZHEIMER'S

ALZHEIMER'S ASSOCIATION®

Held annually in more than 600 communities nationwide, the **Alzheimer's Association Walk to End Alzheimer's®** is the world's largest fundraiser for Alzheimer's care, support and research.

alz.org/walk





Join Us!

- ✓ Share your personal story as an advocate.
- ✓ Help your neighbors by providing education or a support group.
- ✓ Get involved in clinical trials or a research study.
- ✓ Fight Alzheimer's through a fundraising activity of your choice on a day that works for you.
- ✓ Visit [alz.org](https://www.alz.org) or call our helpline to learn more.