Measles Briefing







Prince George's County Council Health, Human Services and Public Safety Committee Matthew D. Levy, MD, MPH Health Officer March 18, 2025



What Is Measles?

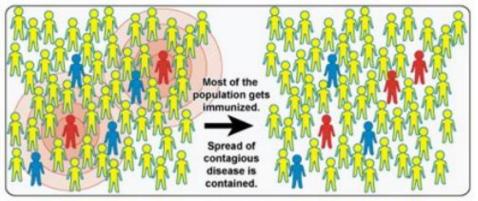
- Measles is a highly contagious respiratory disease caused by a virus. In rare cases it can be deadly.
- If one person has it, up to 9 out of 10 people nearby will become infected if they are not protected.





not immunized but still healthy = immunized and healthy = not immunized, sick, and contagious No one is immunized. Contagious disease spreads through the population.

Some of the population gets immunized. Contagious disease spreads through some of the population.



Measles Vaccination – Herd Immunity

Top Panel: In a completely unprotected population, with no prior infection or vaccination, measles is extremely contagious.

• A single person infected with measles is likely to infect another 12-18 if they are in an unprotected population.

Middle Panel: When a small portion of the population is protected, measles is still highly effective at infecting unprotected people.

Bottom Panel: When greater than 95% of the population is protected, measles is much less likely to infected even unprotected people, including those who can't be vaccinated.

Measles Case Data - 2025

- As of 3/13/25, 301 confirmed measles cases have been reported by 15 jurisdictions in 2025 so far.
 - 3 outbreaks (defined as 3 or more related cases)
 - 93% of the total cases (280 out of 301) are outbreak-associated.
 - Age Breakdown:
 - Under 5 years: 103 (34%)
 - 5-19 years: 126 (42%)
 - 20+ years: 63 (21%)
 - Age unknown: 9 (3%)
 - Vaccination Status
 - Unvaccinated or Unknown: 95%
 - One MMR dose: 3%
 - Two MMR doses: 2%

- Hospitalization Status: 17% of cases (50 of 301) were hospitalized
 - Under 5 years: 27% (28 of 103)
 - 5-19 years: 10% (13 of 126)
 - 20+ years: 13% (8 of 63)
 - Age unknown: 11% (1 of 9)
- Deaths
 - 1 confirmed death (<u>Texas</u>)
 - 1 death under investigation (<u>New Mexico</u>)



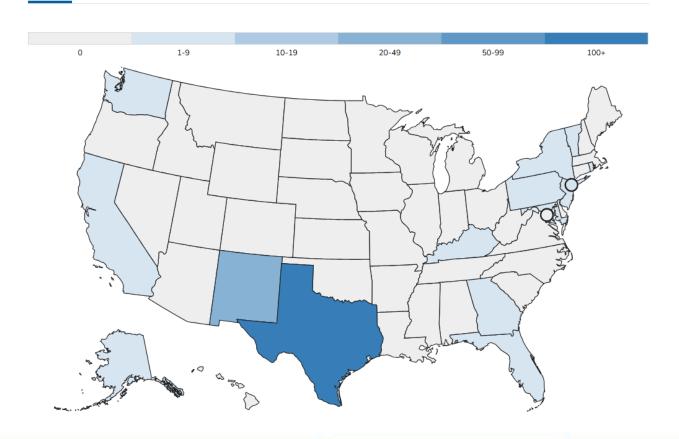
Measles Map - 2025

Map of measles cases in 2024 & 2025

as of March 13, 2025

2025

2024





Measles Case Data - 2024

- Total of 285 confirmed measles cases have been reported by 33 jurisdictions in 2024.
 - 16 outbreaks (defined as 3 or more related cases)
 - 69% of the total cases (198 of 285) are outbreak-associated.
 - Age Breakdown:
 - Under 5 years: 120 (42%)
 - 5-19 years: 88 (31%)
 - 20+ years: 77 (27%)
 - Vaccination Status
 - Unvaccinated or Unknown: 89%
 - One MMR dose: 7%
 - Two MMR doses: 4%
 - Hospitalization Status: 40% of cases (114 of 285) were hospitalized
 - Under 5 years: 52% (62 of 120)
 - 5-19 years: 25% (22 of 88)
 - 20+ years: 39% (30 of 77)
 - Deaths
 - 0 reported

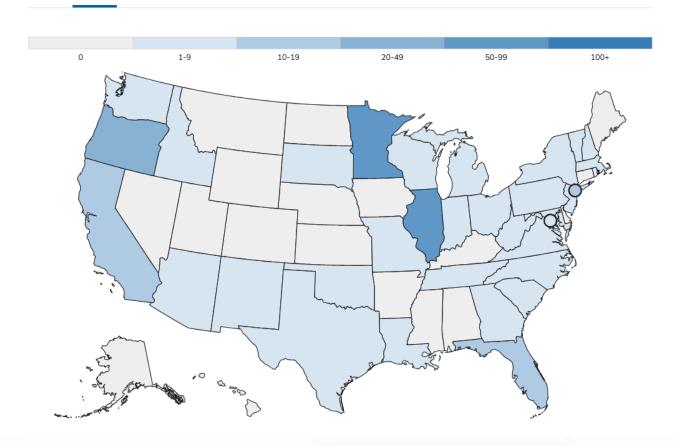


Measles Map - 2024

Map of measles cases in 2024 & 2025

as of March 13, 2025

2025 2024





Measles Case in MD

- The Maryland HD reported a case of measles to the Newark PHS on 3/8/25. This 10-month-old male had symptom onset on 3/4/25 with fever, diarrhea, and congestion, and on 3/6/25 developed a rash.
- A nasopharyngeal swab collected 3/7/25 was PCR positive for Rubeola. This traveler flew from Abu Dhabi to Washington, DC on 3/5/25 while infectious.



CONTACT MONITORING IN PRINCE GEORGE'S COUNTY

 One individual travelling on the same flight as the index case is a Prince George's County Resident and is currently being monitored by the Health Department for measles, until he is out of the incubation period.



Measles inquiries from the community

 The Health Department is receiving many inquiries from providers and individuals about rash identification and measles protection resources.



RESOURCES

- MDH Clinician letter
- MDH Measles guidelines
- Testing kits available for providers at the Health Department (EH/CVDC)
- Educational resources: CVDC Staff, fact sheets...
- Immunizations
- PCPs

