<u>Zika Virus</u>: The Science and Epidemiology – What You Need To Know"

Joseph L. Wright, MD, MPH Consultant, Board of Health



Prince George's County Council Board of Health Session February 16, 2016



Zika Virus: What You Need To Know – An Overview

Epidemiology

Transmission

Mitigation



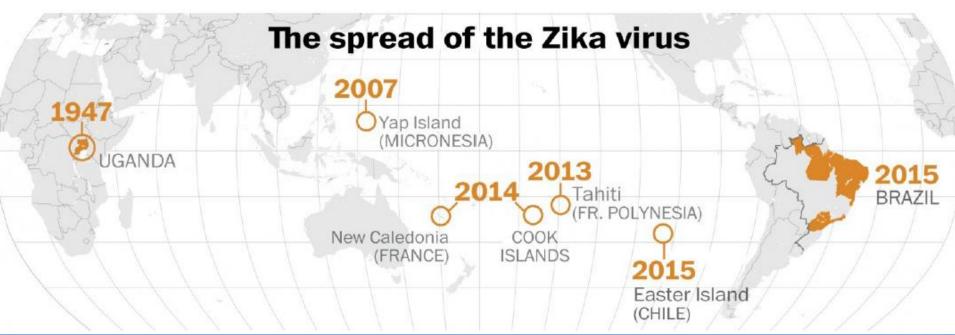
Zika Virus: What Is It?

- Flaviviridiae family; related to:
 - ➤ Dengue
 - ➤ Yellow Fever
 - >West Nile

Non Human and Human primates are the reservoir

Mosquitos are the vectors

Zika Virus: Epidemiology





Zika Virus: Epidemiology





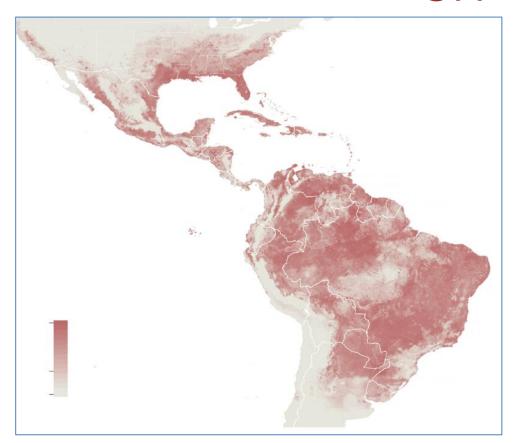
Zika Virus: Transmission

- During outbreaks the spread is anthroponotic,
 i.e. Human-to-Vector-to-Human
- Aegypti mosquito





Zika Virus: Transmission – Aegypti range





Zika Virus: Mitigation

- Microcephaly
- Guillian-Barre Syndrome



The NEW ENGLAND JOURNAL of MEDICINE

BRIEF REPORT

Zika Virus Associated with Microcephaly

Jernej Mlakar, M.D., Misa Korva, Ph.D., Nataša Tul, M.D., Ph.D., Mara Popović, M.D., Ph.D., Mateja Poljšak-Prijatelj, Ph.D., Jerica Mraz, M.Sc., Marko Kolenc, M.Sc., Katarina Resman Rus, M.Sc., Tina Vesnaver Vipotnik, M.D., Vesna Fabjan Vodušek, M.D., Alenka Vizjak, Ph.D., Jože Pižem, M.D., Ph.D., Miroslav Petrovec, M.D., Ph.D., and Tatjana Avšič Županc, Ph.D.



Zika Virus: Mitigation



Pregnant?

Warning: Zika might be linked to birth defects
There is no vaccine to prevent Zika virus infection



Protect yourself from mosquito bites



Daytime is most dangerous Mosquitoes that spread

chikungunya, dengue, and Zika are aggressive daytime biters. They can also bite at night.



Use insect repellent

It works!
Look for the following
active ingredients:
• DEET • PICARIDIN • IR3535



Wear protective clothes

Wear long-sleeved shirts and long pants and use insect repellent. For extra protection, treat clothing with permethrin.



Mosquito-proof your home

Use screens on windows and doors. Use air conditioning when available. Keep mosquitoes from laying eggs in and near standing water.

For more information:

www.cdc.gov/chikungunya • www.cdc.gov/dengue • www.cdc.gov/zika



U.S. Department of Health and Human Servi Centers for Disease Control and Prevention

Thank You...Questions/Discussion



