

Behavioral Health Crisis Continuum in Prince George's County

"Building New Lanes of Care for our Residents"

Presented to the Prince George's County Council's Health, Human Services and Public Safety Committee Thursday, March 16, 2023

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Key Objectives

Discuss the Behavioral Health Crisis Continuum (best-practice standards) Discuss the Regional Partnership Catalyst Grant Program and the funded components: Behavioral Health Link ☐ MRT Teams ☐ Police Diversion Initiative ☐ Dyer Care Center (Crisis Stabilization Center) ☐ Mindoula Hospital Readmission Diversion Program Discuss the Behavioral Health Administration (BHA), Maryland Department of Health (MDH) funded components □ 988 Call Center ☐ MRT Teams and otherr Crisis Services Review the Data ☐ BHL Dispatch Project ☐ TLC Funded Data dashboard Police Diversion Data



National Best Practice Guidelines for Behavioral Health Crisis Care



A person to talk to



People to come to you



A place to go





Principle # 1: A person to talk to

Community Crisis Services Inc.(CCSI)

□ Located in Hyattsville, Maryland

□Prince George's County's designated 9-8-8 call center

Funding CCSI Inc.

☐ Receives state funding through Prince George's County's Local Behavioral Health Authority

MD 988 Systems \$729,925.00

988 Transition Funding \$298,620

988 Lifeline Crisis Hotline Services \$226,175.00

\$1,254,720.00

Suicide & Crisis Lifeline will soon have a new number: 988 - WTOP News

Principle #2: People to come to you

Mobile Response Teams (MRT)

- once *dispatched*, a team can respond to the crisis location
- 8 teams

Funding for Teams and Other Crisis Services

- ☐ 4 teams are funded by State through the Local Behavioral Health Authority
 - □ total funding for crisis programs \$2,032,727
- □4 teams are funded by TLC- MD (through cy 2024)





Principle #3: A place to go

Crisis Receiving Stabilization Center

- □ 24/7 access to psychiatric services
- □ 16-chair facility
- □ will be the first in Maryland that follows the CrisisNow model principles

Funding

□ TLC- MD

(HSCRC Grant through CY 2025)





Principle #3: Other places to go

Urgent Behavioral Health Walk-in Centers

- □ Luminis Behavioral Health 8 AM -5:30 PM Monday Friday Luminis 8200 Good Luck Rd, Lanham, MD 20706
- ☐ iMind Behavioral Health 10 AM- 7 PM Monday Thursday 1802 Brightseat Road, Suite 300 Hyattsville, MD 20850



Emergency Petitions are also received at:

- □Luminis Doctor's Community Hospital
- □University of Maryland Capital Region
- □Adventist HealthCare Ft. Washington
- ☐Medstar Southern Maryland Hospital











Dyer Care Facility v. Luminis Facility

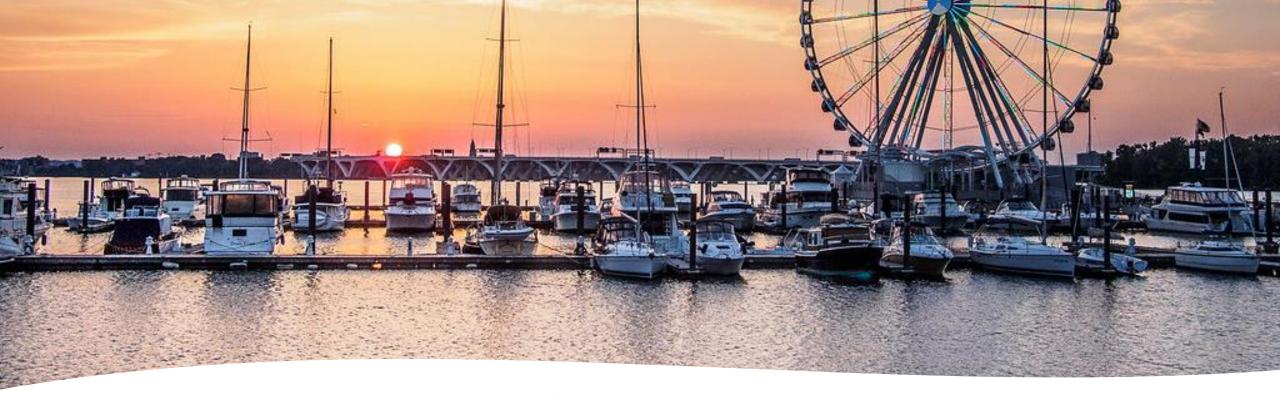




- ☐ 5-minute law enforcement drop-off
- ☐ Will accept 100% of persons who present
- ☐ Open 24/7



- ☐ <u>Treatment</u> services providing multiple levels of care (PHP, OMHC, Urgent Care, Inpatient, Residential SUD)
- ☐ Primary pathway is through the emergency room; limited urgent care
- ☐ Program-specific admissions criteria
- ☐ Open less than 24 hours



Prince George's
County
HSCRC Regional
Partnership Catalyst
Grant Overview

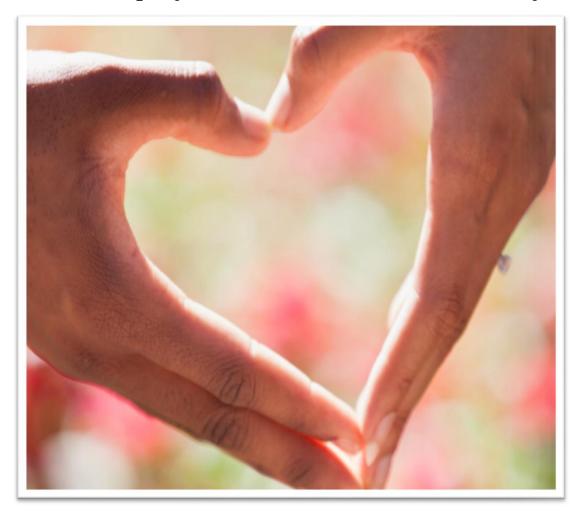
- ✓ TLC-MD and HSCRC
- ✓ Behavioral Health Link (Air Traffic Control)
- ✓ MRT Teams
- ✓ Police Diversion Initiative
- ✓ Dyer Care Center (Crisis Stabilization)
- ✓ Mindoula Hospital Readmission

Mission

☐ To improve the health of residents in Southern Maryland through meaningful partnership-led education, engagement, and empowerment.

Vision

☐ Health equity for a healthier Southern Maryland.



Total Linking Care in Maryland (TLC-MD)

- □ TLC-MD is a nonprofit corporation of 5 hospitals that connects healthcare providers and programs with residents in Southern Maryland (Calvert County, Charles County, Prince George's County, and St. Mary's County). We believe that everyone deserves access to quality healthcare.
- ☐ We build innovative health programs through grant funding and sustain them through public/private partnerships.
- ☐ We provide support to prevent and manage diabetes, blood pressure, heart disease, and behavioral health.





Washington Medical Center

Laurel Medical Center



Luminis Health Doctors Community Medical Center









MedStar Southern MD Hospital Center

Prince George's Totally Linking Care in Maryland

UM Capital Region Health Prince George's Hospital Center



St. Mary's Cou MedStar St. Mary's Hospital









The Maryland Health Services Cost Review Commission (HSCRC) is an independent state agency responsible for regulating the quality and cost of hospital services to ensure all Marylanders have access to high value healthcare.

HSCRC's vision is to enhance the quality of health care and patient experience, improve population health and health outcomes, and reduce the total cost of care for Marylanders.

The HSCRC establishes rates for all hospital services and helps develop the State's innovative efforts to transform the delivery system and achieve goals under the Maryland Health Model.

HSCRC Regional Catalyst Grantees: (Nearly \$80M Dollars Awarded to Three Maryland Grantees)

This is a highly-coveted project with National Healthcare Modeling Implications! Greater
Baltimore Region
Integrated Crisis
System
(GBRICS)

• 17 Hospitals in Baltimore City, County, Carroll County, and Howard County



Tri-County
Behavioral
Health
Engagement
(TRIBE)

• <u>2 Hospital</u> Systems in Wicomico, Worcester, and Somerset County

This award is the 2nd Largest Behavioral Health Award and Largest Award for Any One Jurisdiction!



• <u>3 Hospital Systems</u> in Prince George's County alone

BH GRANT PARTICIPATING TLC-MD MEMBERS







Adventist HealthCare Fort Washington Medical Center

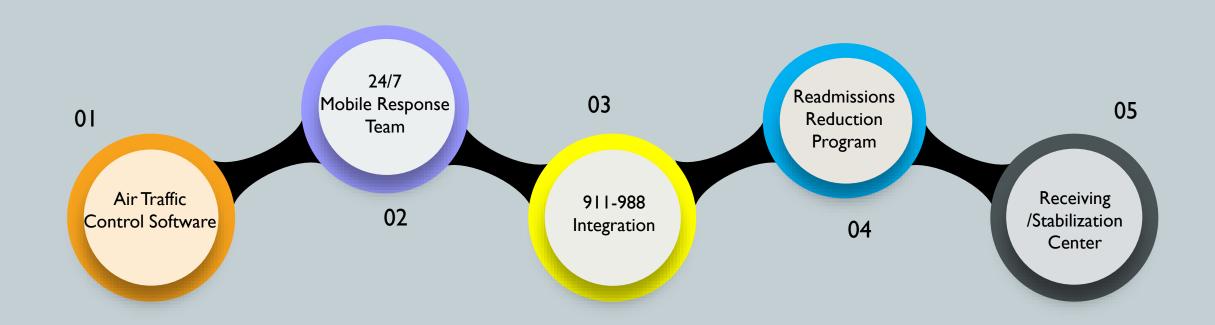




MedStar Southern MD Hospital



PROGRAM COMPONENTS



Air Traffic Control Software

- □BHL is the *CrisisNow* Model's, Best-Practice Tool
 - ☐ (BHL) Behavioral Health Link
 - ☐ "Air Traffic Control" Software
 - ☐ Geolocates each team
 - □ Determines the estimated distance
 - ☐ Arrival time
 - ☐ Safety features for the responding team
- □Considered the state of the art for crisis response
- □Recommended by the State

TLC FUNDING: \$415,500 Budgeted



PRIMARY ROUTE: THRU CALL CENTER

The call comes into CCSI from 301-864-7130 (old Suicide prevention line) or from 988

Does the call require a MCT response?



SECONDARY ROUTE: DIRECT TO DISPATCH

DIRECT CALLS

May come from Public Safety, DSS, or Family Service to Dispatch using 301-429-2185









IMIND Behavioral Health Behavioral Health Link (BHL) 24/7 Dispatch



If <u>YES</u>, the CCSI Call Specialist transfers the call to the IMIND Dispatcher



If **NO**, CCSI 988 Call Specialists resolves the call by phone (data is captured in iCarol)



Dispatcher

I see a team in
Camp Springs

I can see that a team in
Hyattsville





The <u>Dispatcher</u> will send the MRT closest to the location of the Crisis, using GPS data.







Mobile Response Team Expansion

Goals

- ☐ To increase the Number of Mobile Response Teams in Prince George's County by four for a total of six teams
- ☐ Transitioned from two MRT to one for continuity of care, seamless and unified processes
- ☐ Assure there is at least one MRT available on every shift.
- ☐ Assure Shifts are aligned with the volume of calls.
- ☐ Assure Care coordination with other Crisis Services
- ☐ Develop MRT education materials for the community and providers.

TLC FUNDING: \$5,027,730 Budgeted









911-988 Integration The pilot went live on October 10, 2022

Prince George's County, Maryland aims to connect non-violent mental health 911 callers to behavioral health crisis responders (phone-based crisis hotline 988 and mobile response teams), per the recommendations of its **police reform task force** and consistent with Crisis Now Best Practices.

- <u>INCREASE</u> Rapid access to health care for people experiencing mental health distress
- □ **DECREASE** Police involvement with low-level calls
- **DECREASE** Emergency (ED) utilization for behavioral health reasons in cases where it is possible to help someone stabilize in their home or a community setting

Call Diversion Flow

911 Call-taker (Office of Homeland Security)

Determines which mental health 911 calls are eligible to divert to 988.

Not dangerous



988 Suicide & Crisis Lifeline

CCSI serves as the County's 988 Suicide & Crisis Lifeline. Available 24/7. Provides phone support and sends to Mobile Response Team when needed.

Call specialist can not resolve emergency



Mobile Response Team

Usually responds in under 30 minutes, available 24/7 with two crisis responders and at least one licensed clinician.



911 to 988 Behavioral Health Integration Program



911 to 988

Resources

Training

Directory

Maryland has a new way to connect to local behavioral health crisis services.

https://www.tlc-md.org/988-2/



Mindoula's Simple Formula

Care Managers and Care Extenders

Team-based,



Technology
Integrated Multiplatform
Engagement w/Analytics and



Psychiatry
Using Measurement-based



Better Outcomes

HOSPITAL READMISSIONS REDUCTION PROGRAM

- Service available at all involved hospital sites
- Mindoula Health readmissions reduction program:
 - Utilizing all 69 allocations. Higher than allocated usage at the University of Maryland Capital Region.
 - ☐ CY2022*: XX% reduction in 30-day readmissions after inpatient psychiatric unit/ED discharges for member hospitals
 - Collaborating with MRT and Emergency Departments
 - Exploring coordinating services with Crisis Stabilization Center (upon opening mid to late Summer)

TLC FUNDING: \$X,XXX,XXX.00 Budgeted



RECEIVING/ STABILIZATION CENTER

- ☐ 16-chair facility
- □ 23-hour observation/ stabilization
- No wrong door: walk-in, police escort (voluntary or involuntary)
- Coordinate Care

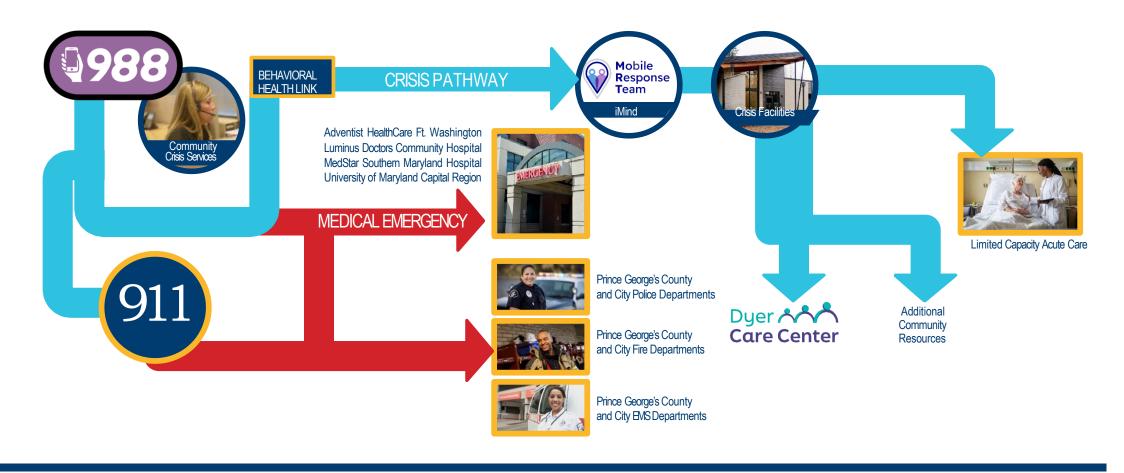
TLC FUNDING: \$X,XXX, XXX.00 Budgeted





CRISIS CONTINUUM MAKING A DIFFERENCE





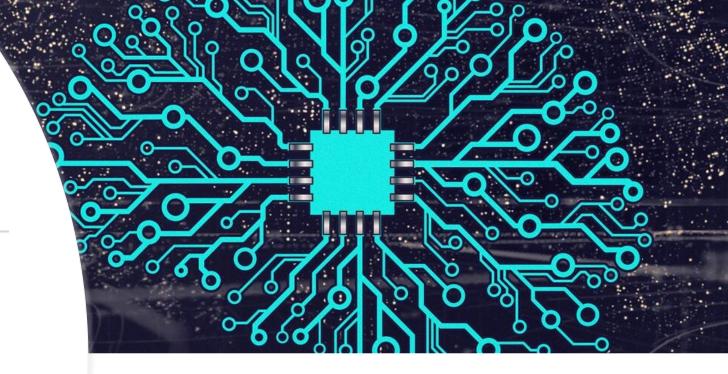






TLC- Centralized Data Warehouse

- ➤ Integrate data sources from multiple agency platforms
- ➤ Data Mapping
- ➤ Data Analysis
- ➤ Data Dashboard
- ➤ Longitudinal call tracking across agencies
- > Strategic Planning
- ➤ Funded by TLC-MD





Data- Heath Department Dispatch Pilot

- □Behavioral Health Division of the HD assisted County residents in receiving Mobile Response Services by dispatching the County's Mobile Response Teams
- □Sunday, October 9, 2022, at 10 PM Friday, December 16, 2022, at 12 Midnight
- ☐Funded by TLC-MD and BHS



 \square (301) 429-2185

(County Residents, Law Enforcement, EMS, the School System, or other Health and Human Services County agency (DSS, DFS, or HD employees)

□Warm transfers from 9-8-8

(Community Crisis Services Inc. (CCSI) the designated 9-8-8 call center

Call Classification

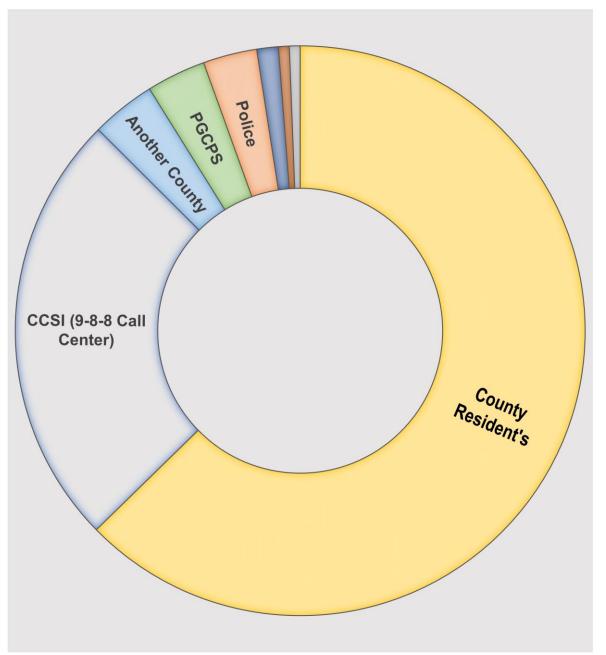
Routine	Moderate	Urgent	Emergent
Caller is appropriate for phone intervention	The caller may have the need for	Active Aggression	Direct, immediate threats to life.
and or referrals for services.	in-person behavioral health support	Active Psychosis	Active suicide attempt.
➤ No homicidal thoughts, intents, or behavior	No homicidal thoughts intent or behavior	Homicidal thoughts with no active behavior or intent	Homicidal thoughts with active behaviors or intent.
Suicidal thoughts are acceptable if no intent, plan, and/or means	Suicidal thoughts with no intent, plan, or no direct access to lethal weapons	Self-injurious behavior Suicidal thoughts with plan, access to weapons	Active assault on others with the ability to cause significant harm.
	Minor self-injurious behavior		Weapon present and accessible.

Routine or information seeking 268 **Moderate**/ requires dispatch 206 **Urgent**/ requires dispatch 138 **Emergent**/requiring dispatch 23 Follow-Up Calls 19 Total 654

Who's Calling?

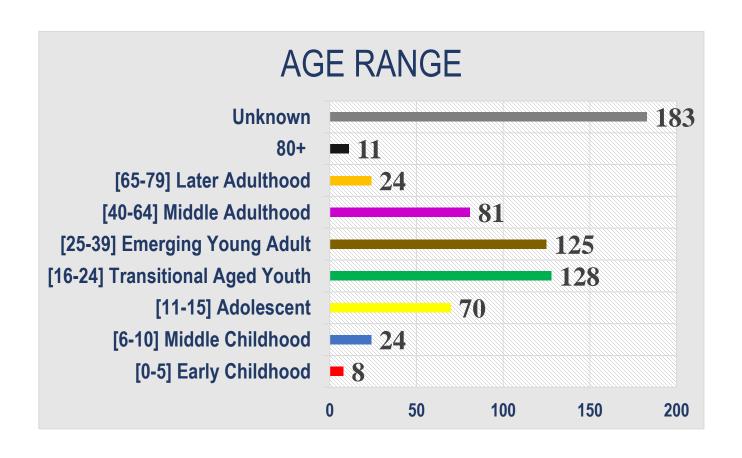
Entity Placing the Call	Number of Calls
Prince George's County Resident	410
Community Crisis Services Inc. (9-8-8 Call Center)	162
Police (Law Enforcement)	20
Emergency Medical Services (EMS)	4
Fire Department	4
Prince George's County Public Schools (PGCPS)	22
Another County's Resident (Frederick County, Howard, Montgomery, Charles, Ohio, Washington DC, Calvert)	24
Other: Dyer, Optum Health Care, Hope House, Domestic Violence Counselor	8
Total Calls Received To Date	654

Which County Residents are Calling?				
Concerned Citizens	213			
Person in Crisis	151			
Parent	118			
Family Member (relationship not identified)	63			
Child	8			
Sibling	11			
Aunt/Uncle	7			
Spouse	1			
Teacher/School	22			
Other	60			
Total Calls	654			



How old is the person in crisis?

Age*	Population	Number of Calls
0-5	Early Childhood	8
6-10	Middle Childhood	24
11-15	Adolescent	70
16-24	Transitional Aged Youth	128
25-39	Emerging Adult	125
40-64	Middle Adulthood	81
65 -79	Later Adulthood	24
+08	Older Adulthood	11
	Age Unknown	183
	Total Calls Received To Date	654

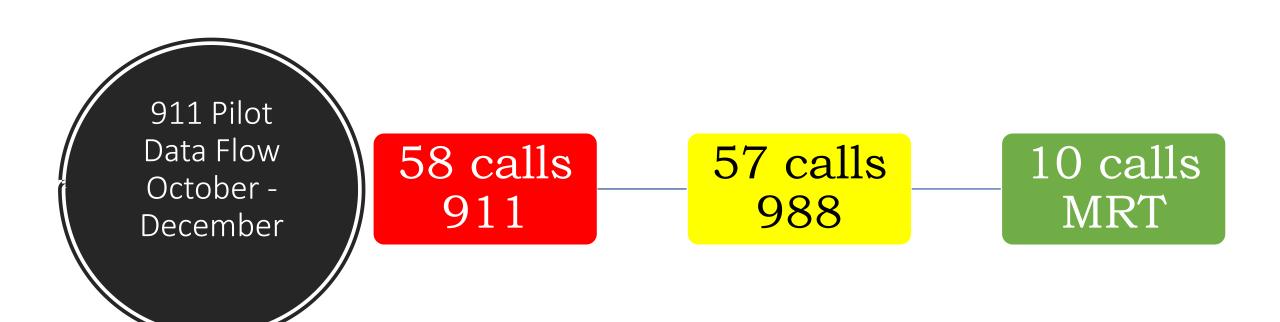


^{*} Age categories depicted do not accurately reflect the latest data on categorizing age groupings but, rather, reflect commonly used terminology

Where are we dispatching to? (By Zip Code)

Zip Code	Location	Number of Calls
20745, 20746, 20747, 20748	Suitland, District Heights, Temple Hills, Oxon Hills	109
20740, 20781 - 20785	Hyattsville, College Park	84
20743, 20744	Capitol Heights, Fort Washington	60
20772, 20774	Upper Marlboro	52
20704,20705,20708,20707	Beltsville, Laurel	48
20710, 20735, 20737	Bladensburg, Clinton, Riverdale	42
20706, 20770	Lanham Seabrook, Greenbelt	47
20715, 20716, 20720, 20721	Bowie	29
20607, 20613, 20623,20616	Brandywine, Accokeek, Cheltenham	19
20712, 20722	Mt Rainier, Brentwood	4
20769	Glenn Dale	2
Call Routed Incorrectly	Other County (Frederick, Howard, Montgomery, Charles, Calvert, Ohio, Washington DC)	31
	Unknown	127
Total		654

911 Diversion Pilot (Police Task Force Reform Initiative)



911 Pilot Quarter 1 (October-December, 2022) (Office of Homeland Security Data)

58 total calls

- □44 calls within 8 am-6 pm pilot
- □14 calls outside pilot hours
- □1-3 calls per day
- ☐Busiest Times: 1-6 pm
- ☐Busiest Day: Wednesday



911 Pilot Quarter 1 (October-December) Community Crisis Service Inc. Data

57 total calls

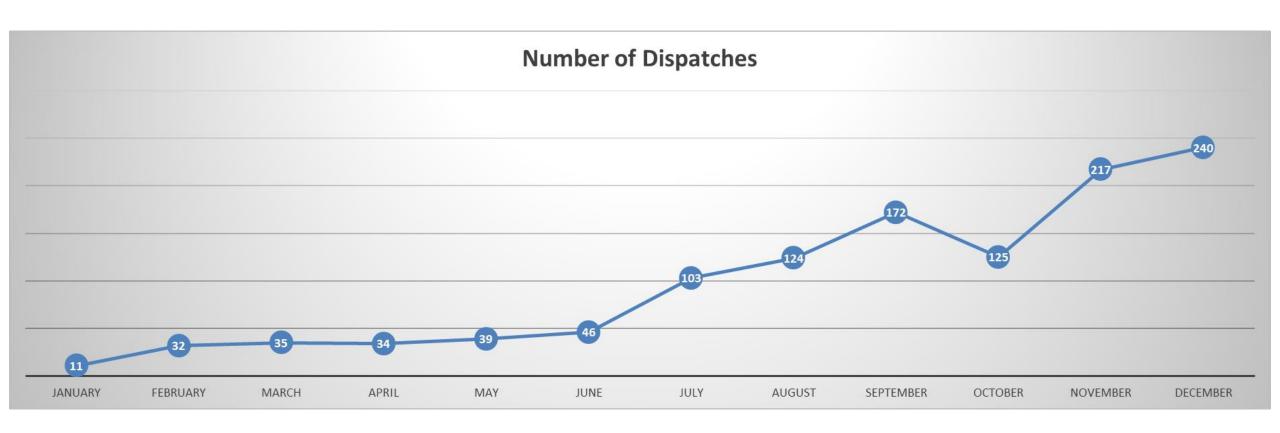
- □24 calls traced by CAD #
- □23 calls no CAD#
- □10 calls traced to MRT

Of the 10 total calls traced by CAD#

- ■2 welfare check
- □3 mental health
- $\square 5$ suicide ideation
- ☐ 1 call required LE



Mobile Response Team Dispatches January -December 2022





Legislative Implications

TLC and Prince George's County have actively been engaged in advocacy efforts and stakeholders at the legislative and regulatory levels to support the changes needed

- ☐ TLC-MD working closely with MDH, CMS, and BHA to develop COMAR for Crisis Stabilization Center and rates.
- TLC-MD working closely with Medicaid to establish Plan changes are already underway such as adding Mobile Crisis Team rates in the state plan
- Quarterly reports on grant updates are being made to the leadership of the Maryland Department of Health Behavioral Health Administration and Maryland Medicaid

Funding and Sustainability



- 1. HSCRC grant funds are seed money to help model new programs until required regulations and rates are established.
- 2. Start-up and gap funds to support construction and early operations of the crisis stabilization center.
- 3. Start-up funding to expand Mobile Response Teams and build infrastructure aligned with the payment model.
- 4. Advocating for additional funding to support Emergency Crisis Service beyond the grant period of CY 2025.