



FAMILY AND MEDICAL COUNSELING SERVICE, INC.

Family and Medical Counseling Service, Inc. (FMCS) is a multifaceted community health center that actively addresses social ills, particularly in the African American community. In June 2012, FMCS was designated a Federally Qualified Health Center. FMCS is physically located in Ward 8, east of the Anacostia River, where it has been providing services to meet critical health care and social service needs of hard-to-reach populations since 1976. However, our clients come from many parts of the city. The Seat Pleasant site in Prince George's County opened in 2015 and was added to the organization's HRSA Section 330 Scope of Service in 2016.

The subpopulations we serve include heterosexuals, MSM, transgender, IDUs and other substance abusers, homeless persons, and ex-offenders. FMCS employees 89.7 FTEs. FMCS has 4 Senior Managers and 13 Middle Managers. The Medical Department is fully staffed with an internist, a pediatrician, and 4 nurse practitioners. Behavioral Health has a part-time psychiatrist, a part-time psychiatric nurse, 7 social workers, 2 case managers, 3 CACs for SUD treatment, and a recovery support worker. Staff is made up of HIV/HCV testers/counselors and patient navigators. A project coordinator for manages syringe access/harm reduction services both in the District and Prince George's County. The staff includes outreach workers/navigators, MAT peer educators, and recovery coaches.

Beginning in 1989, in response to the disproportionate impact of the HIV epidemic in communities we serve, FMCS developed a special focus on HIV disease. We provide a continuum of HIV services from prevention to treatment for high-risk, hard-to-reach residents living with HIV or whose behaviors place them at high risk for HIV disease. FMCS has provided HIV/AIDS prevention services to the target population since 1990. Other HIV-related medical and health care services provided by FMCS, and the year in which each service was initiated, include: case management (1992), mental health (1993); nutrition counseling (1993), primary medical care (1994), food bank (1994), discharge planning (1996), support groups (1996), HIV counseling and testing (1996), substance abuse counseling (1997), treatment adherence (1999), and community health worker services (2011).

COVID-19 has prompted dramatic changes in the way FMCS operates. Much of the staff has shifted to alternating between telework and in-office work. However, Medical and Behavioral Health staff were designated as essential workers during the shutdown. So, FMCS remained open with reduced hours and reduced patient scheduling the shutdown. Medical and Behavioral Health use Telehealth extensively. FMCS offers free walk-up COVID-19 testing at both of our sites and assists the District with contact tracing. HIV testing and flu shots are offered during walk-up testing. Our more than three decades as a reliable provider of high quality health and social services have earned FMCS the trust of the communities we serve, and give FMCS unparalleled credibility and experience working with the target population.