

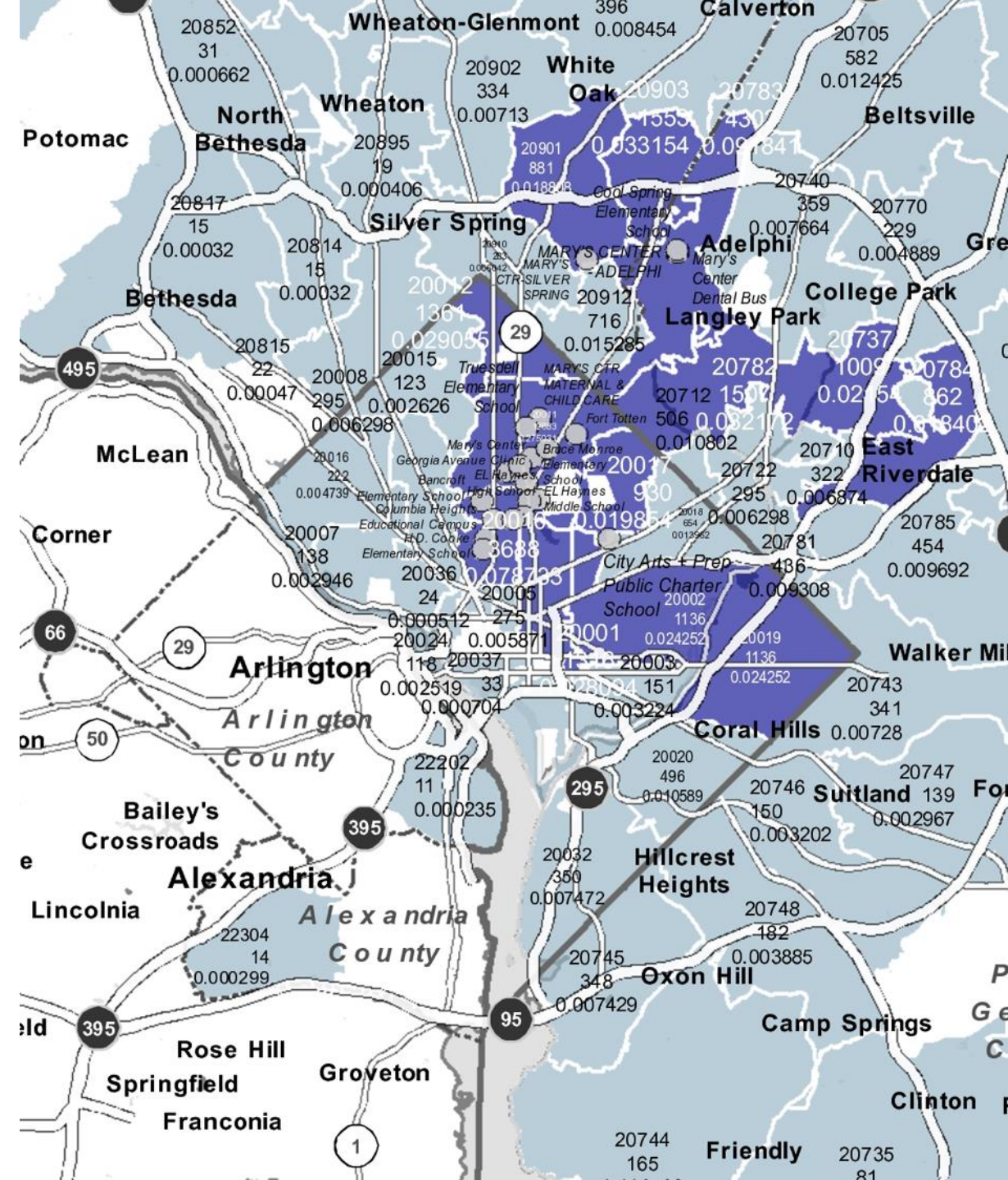


**Presentation to the Prince George's County Council  
Sitting as the Board of Health  
Thursday, July 8, 2021**

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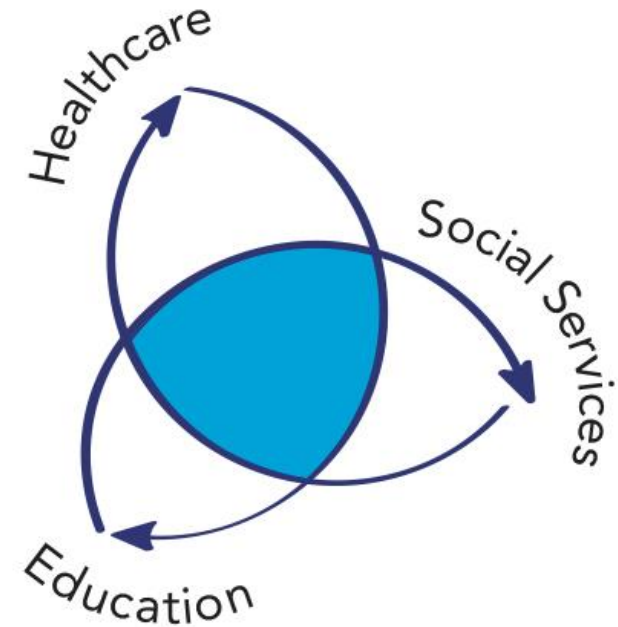


- Over 60,000 participants from 50+ countries
- 5 full-service community health centers
- 26 School-based mental health programs
- 2 Senior Wellness Centers
- Public Charter School co-located at 3 health centers



# Our Social Change Model (SCM)

- Treating health problems alone is insufficient
  - Comprehensive health care
  - Dual-generation education
  - Social services
- Striving to address all aspects of wellbeing that can impact quality of life and advancement



# Care at Mary's Center

## COMPREHENSIVE HEALTH CARE

•Primary Health Care for the  
Entire Family

Behavioral Health

Health Education

Dental Health

Nutrition

Chronic Disease Management

Telemedicine

Sexual Health

LGBTQIA Health

## SOCIAL SERVICES

•Case Management

Legal Services

Benefits Enrollment Assistance

Family Support Programs  
(Home Visiting)

Domestic Violence Support

Food & Nutrition Assistance

Energy Assistance

Insurance & Fees

## EDUCATION PROGRAMS

•Parents

- English language
- Digital literacy
- Parenting

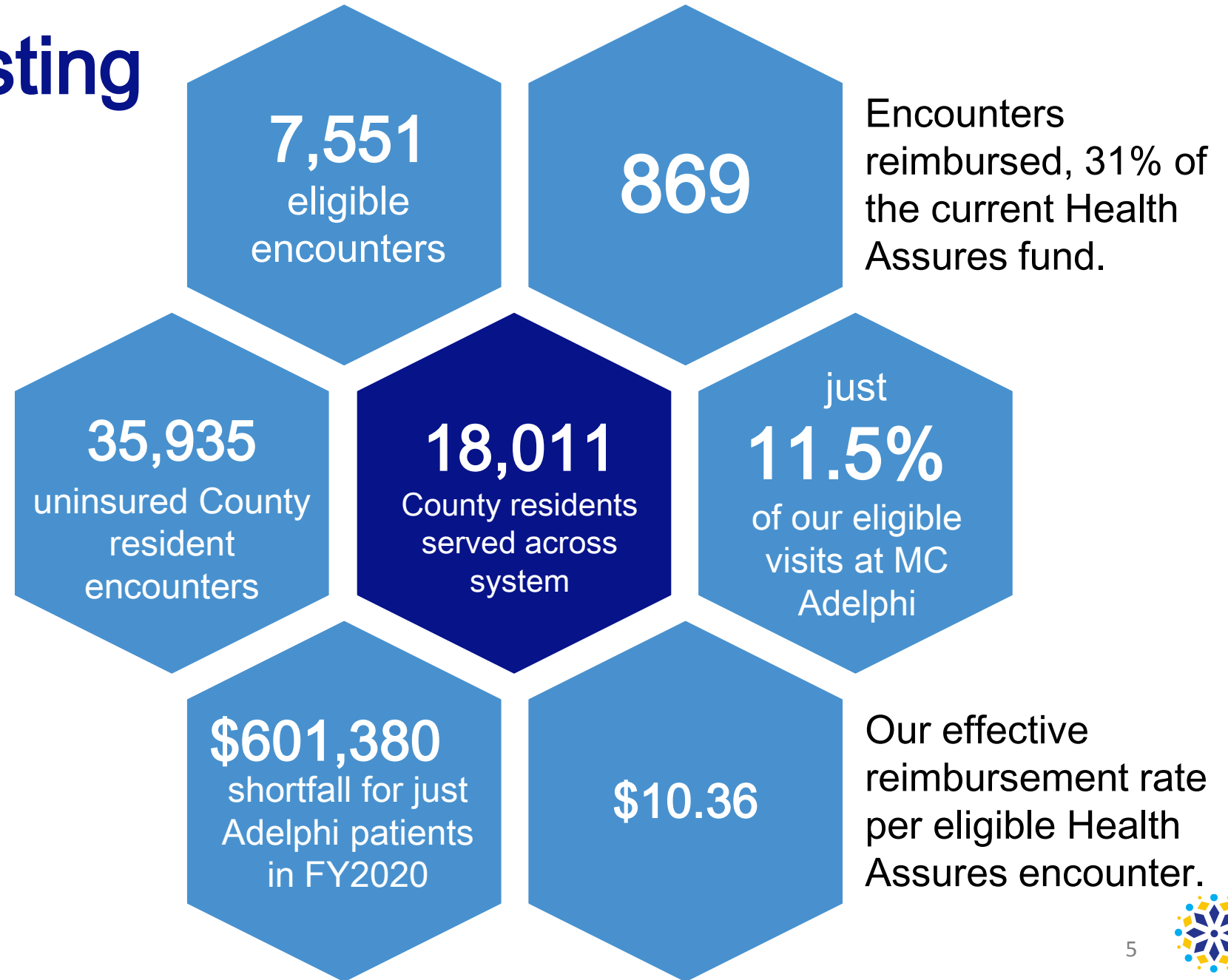
Children

- Early childhood education
- Preschool

Professional

- High school diploma
- Medical Assistant training
- Child Development Associate  
licensing

# Expanding Existing Coverage at Adelphi



# Looking Forward

## Lessons Learned



Telehealth is a key to meeting health needs



Resilient communities, ready to adapt technology



Increased IT needs for telework



Increased participant demand



Increased need for PPE and enhanced cleaning



Disparities in County are widening

## Challenges Ahead



Increase capacity to meet behavioral health needs



Build overall provider capacity and bolster our workforce



Explore payment reform such as incentive based payments



SDoH must be addressed



Invest in prenatal and pediatric care, our future community



Broadband access is key to address health and educational attainment







Family and Medical Counseling Service, Inc.

# FMCS History

- ▶ Family and Medial Counseling Service, Inc. (FMCS) was incorporated as 501(c)3 nonprofit community-based organization in 1976 and became a Federally Qualified Health Center (FQHC) in 2012.
- ▶ FMCS, which serves the area east of Anacostia River in Washington, DC, as well as Prince George's County, started as a social work agency, added medical care in 1994, and eventually became a Section 330 grantee. Before becoming a Section 330 grantee, FMCS's primary medical care was mostly for HIV+ patients; general medicine was added in 2010.
- ▶ The Seat Pleasant site in Prince George's County opened in 2015 and was added to the organization's HRSA Section 330 Scope of Service in 2016.



# Programs and Services

## Prevention Services

- ▶ HIV Counseling and Testing
- ▶ HIV Prevention Interventions
  - ▶ Healthy Relationships
- ▶ Harm Reduction Services (DC & MD)
  - ▶ Hepatitis Screening
  - ▶ HIV Testing
  - ▶ limited primary care services
  - ▶ Referrals for primary care and support services
- ▶ Hepatitis C Screening/Linkage to care

## Treatment Services

- ▶ Primary Medical Care and HIV Specific Care
  - ▶ Red Carpet entry
- ▶ Treatment Adherence
- ▶ Non-Medical Case Management (Medical Case Management)
- ▶ Retention/Recapture Services
- ▶ Substance Abuse Counseling
- ▶ Individual, Family and group therapy
- ▶ Medical Nutrition Therapy
- ▶ Food Bank
- ▶ PreP

# Our Reach

- ▶ 13,333 individuals reached during calendar year 2020
- ▶ 3,270 patients received a UDS qualifying service at FMCS
  - ▶ 64% of our patients have a poverty level of 100% or below
  - ▶ 90% African American
  - ▶ 60% are on Medicaid
  - ▶ 9% receive Medicare
  - ▶ 5% is private insurance
  - ▶ 25% uninsured

# Focus On Substance Users

## Harm Reduction

The purpose of our harm reduction/syringes services is to prevent and reduce the spread of HIV/HCV among people who inject drugs, other substance users, and others in their social networks.

- Needle exchanges to provide clean needles
- HIV/HCV health management and prevention education
- Overdose prevention education and Narcan distribution
- Health education materials, and condom distribution.
- Access Substance use disorder services including medication assisted treatment (MAT)
- Wound care
- Access and linkage to on-going primary care services

# Our Future

- ▶ Current expansion at Seat Pleasant to include pediatric care (expected completion August/September 2021)
- ▶ Expansion of mobile medical services (unit under construction- Target date September 2021)
- ▶ School based health services
- ▶ Expand HIV services to include additional community outreach to link individuals to HIV Counseling, testing and primary care
- ▶ Focus on Behavioral Health

## ELAINE ELLIS CENTER OF HEALTH (EECH)

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- Northeast Washington, DC: March 2012
- College Park, Maryland: August 2017
- EECH provides primary adult and pediatric health care, OB/GYN services, substance abuse treatment, mental health counseling, and dental services

# ELAINE ELLIS CENTER OF HEALTH

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- In spite of the pandemic in 2020 and with limited resources the staff of EECH touched the lives of over 4000 people providing medical, behavioral and dental services.
- We administered 345 pediatric immunizations
- We delivered 140 babies
- We provided medication assisted treatment and counseling to 289 opioid users
- We provided Thanksgiving meals to 500 families and 400 backpacks filled with school supplies to area school children.
- Since March 2020, EECH has tested 7692 people for COVID-19 and given 1768 Covid-19 vaccines to patients in public housing.

We have the capacity and drive to do more to further our mission and promote the legacy of our namesake, Elaine Ellis





## ELAINE ELLIS CENTER OF HEALTH

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- With the benefit of additional funding EECH would be able to:
  - Expand mental health and substance abuse services by hiring additional staff
  - Purchase a mobile unit to bring healthcare directly to
    - The community for wellness exams, blood pressure checks, education, referrals and dental services
    - Prince George's County schools for students needing sports physicals, well child assessments, immunizations, and dental services.

## Invest in the Health of Prince George's County Residents

- **Commit to health coverage for all Prince George's residents** and ensure access to quality care for the uninsured that is equal to or better than care available to those who can pay for care.
- **Strengthen partnerships** to leverage resources across health sectors to create an integrated and coordinated health care system.
- **Build a robust public health infrastructure** with capacity to lead and coordinate public and private efforts to improve health.
- **Improve housing options, living conditions and economic opportunity** in under resourced communities to reduce disparities and increase opportunities to achieve health equity.
- **Invest in the health and well-being of youth** from early childhood to young adulthood through community and school-based wellness programs and support services.